

VIBRATO SPEED - v/n

Rounds of 8 (week 1)

1. 1 round on A string =



$3^{rd}/4^{th}$ position, $. / = 60$, 2^{nd} finger $\rightarrow 3^{rd}$ finger $\rightarrow 1^{st}$ finger

2. Rest, another Round of 8 on D string

3. Rest, another round of 8 on E string

Rounds of 8 (week 2)

1. 1 round on A string =



$3^{rd}/4^{th}$ position, $. / = 60$, 2^{nd} finger $\rightarrow 3^{rd}$ finger $\rightarrow 1^{st}$ finger

2. Rest, another Round of 8 on D string

3. Rest, another round of 8 on E string

Rounds of 8 (week 3)

1. 1 round on A string =



$3^{rd}/4^{th}$ position, $. / = 60$, 2^{nd} finger $\rightarrow 3^{rd}$ finger $\rightarrow 1^{st}$ finger $\rightarrow 4^{th}$ finger

2. Rest, Another Round of 8 on D string

3. Rest, another round of 8 on E string

Tetra-Scale on D & A Strings ($3^{rd}/4^{th}$ position) $. / = 60$ w/ $\overbrace{.}^{n(v)}$
Speed Ups $. / = 60$ then speed up each day using rhythm:

60	63	66	69	72	76	80	84	88	92
96	100	104	108	112					

INCORPORATE VIBRATO INTO REP

Twinkle "Whah-Whah's" in $3^{rd}/4^{th}$ position

Copycat Vibrato (3^{rd} - 4^{th} position to 1^{st} position, same finger, match!)

Vibrate on easy book 1 pieces (e.g. Lightly Row, Long Long Ago)

Quick Starts (Perp Mo or "Sunrise" start vib straight away)

Please Pass the Vibrato (slur back & forth 1^{st} to 2^{nd} finger, 2^{nd} to 3^{rd} finger etc. with continuous vib) & (slur/shift with continuous vib)

Let's Learn Vibrato! *

(Student)

What is it? *Pitch alteration in a regular pattern*

3 Types: *Hand (Wrist), Arm, & Finger*

3 Aspects: *Evenness (most important!), Speed, Width*

FORM & EVENNESS

Date:

Exercise:

_____ *Take My Hand (w/teacher)*

_____ *Heavy Thumb Waves*

_____ *1. rest position 2. right shoulder 3. left shoulder*

_____ *Peg Knocks & Shoulder Taps (Twinkle Rhythms)*

_____ *Vibrato Shaker (Twinkle Rhythms 4x each)*

_____ *String Polishing (w/tissue in 3rd/4th position, Twinkle Rhythms)*

_____ *Finger Flexes (note: 3 points of contact)*

_____ *1. on shoulder of inst 2. on A string, 3rd/4th position*

_____ *Rubber Band Helper (w/parent)*

_____ *1. 3rd/4th position, 30 seconds*

_____ *Stick & Wiggle*

_____ *1. With out bow: 3rd/4th position, finger weight scale from 1 to 5,
Stick/wiggle 2nd finger 30 seconds then 3rd finger for 30 seconds*

_____ *2. With the bow: same directions*

*Remember: Vibrato comes from relaxation NOT tension!